



TWELVE ANNUAL LYNN ACADEMY FEIS

STAMFORD HIGH SCHOOL
55 STRAWBERRY HILL AVENUE
STAMFORD, CT



Locations: Stamford, CT Hillsborough, NJ Larchmont, NY Tarrytown, NY
Chairpersons: Andrea Thorne Puluka & Stacey Conte **Entry Secretary:** www.Feisweb.com

SUNDAY CINCO DE MAYO * MAY 5, 2019 * 8:45 AM * SHARP
ENTRY DEADLINE: April 30, 2019

Limited To First 750 Entries No Beach Chairs, Coolers or Camping Out Allowed in ANY Hallway of School

ADJUDICATORS

Kieran Rogers	Cheshire, UK
Margie Morgan	Scotland
Sean Hennigan	England
Mandy Hennigan	England
Lauren McGrath	Virginia
Meghan Hickey	New York
Joanie Cass	New York
Joan Cass	New York
Kathleen O'Keefe	New York
Maggie Ritnour	New York

MUSICIANS

Karen Conway	New Jersey
Kevin Forde	New Jersey
Linda Rutherford	New York
Brian Boyce	Pennsylvania
Billy Furlong	New York
Tony Rutherford	New York

Vending:

If You Are Interested in Vending at Our Great Event, Please e-mail us at lynnfeis@yahoo.com

2019 NAFC Championships and Music Scholarships

2019 Dance Belts:

The 2019 NAFC Championships were held January 19, 2019 at the Crowne Plaza Resort & Hotel in Sacramento, California

2019 Music Scholarship Championships:

The Under 15 Edward Callaghan Music Scholarship Championship will be held at the Golden Horseshoe Feis on June 15, 2019.

The 15 and over James Brennan Music Scholarship Championship will be held at the Peach State Feis on May 4, 2019.

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF:

AN COIMISIUN (www.clrq.ie) and the

NORTH AMERICAN FEIS COMMISSION (<http://www.northamericanfeiscommission.org>) Pat Watkins,
President (<mailto:pawatkinafc@gmail.com>)

Entry Fees:

Solos	\$10.00 per competition, marks included	
Specials Competitions	\$12.00	
Traditional Set	\$10.00	
Preliminary	\$30.00	Second Offering Preliminary - \$25.00
Open Champion	\$35.00	Championship <i>change fee</i> - \$10
Facility Fee	\$20 per family	Feisweb Fee - \$2
The maximum fee per family is \$100 plus facility fee and any applicable late or change fees.		
Note: Specials and Second Chance Preliminary will not count toward the family max.		

There will be no refund of any entry fees. Submit all entries online at <https://FeisWeb.com>
Competitors Cards are available on FeisWeb. All registrations must be paid via PayPal

Competitors are highly encouraged to print their own number prior to attending.

For those who cannot, competitor cards may be picked up at the venue.

For questions contact us at our email: lynnfeis@yahoo.com

Directions:

I95 Traveling North:

Take Exit 8 Atlantic Street. Turn Slight LEFT Onto South State Street. Turn LEFT onto Elm Street. Elm Street Becomes Grove Street and Grove Street Turns into Strawberry Hill Avenue. High School is 1.1 miles off the highway exit.

I95 Traveling South:

Take Exit 8 Elm Street. Turn RIGHT Onto Elm Street. Elm Street Becomes Grove Street and Grove Street Turns into Strawberry Hill Avenue. High School is 1.1 miles off the highway exit

Hotel Accommodations:

<https://www.ihg.com/crowneplaza/hotels/us/en/stamford/stmcp/hoteldetail>

<http://www.marriott.com/hotels/travel/stfct-stamford-marriott-hotel-and-spa/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2>

<http://www3.hilton.com/en/hotels/connecticut/hilton-stamford-hotel-and-executive-meeting-center-BDRSTHF/index.html>

<http://www.hotelzerodegrees.com>

Pre-Beginner – (Small Gym 9:15am start):

Open to girls & boys under 6 years of age (1 step) \$10 per dance

Girls/Boys	Reel	Light Jig
Under 6	990	991

Beginner – (Small Gym 8:45am start):

A competitor who has not taken Irish dancing lessons from a registered teacher prior to September 1st of previous year. Dancer must move to Advanced Beginner the following year. See Rule #6 For New Costume Requirements. NO SOLO COSTUMES ALLOWED. Skirt & Blouse or school costumes ONLY. 2 Steps, 3 Dancers. Metronome speeds of 122 for Reel & Slip Jig; 115 for Light Jig. \$10/dance

GIRLS 2 Steps	Reel	Light Jig	Slip Jig	BOYS 2 Steps	Reel	Light Jig
Under 5	1	2	3	Under 7	30	31
Under 6	4	5	6	Under 9	32	33
Under 7	7	8	9	Under 11	34	35
Under 8	10	11	12	11&Over	36	37
Under 9	13	14	15			
Under 10	16	17	18			
Under 11	19	20	21			
Under 12	22	23	24			
12&Over	25	26	27			

Advanced Beginner (Large Gym - 8:45am):

An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance. Metronome speeds of 116-122 for Reel & Slip Jig; 115 for Light Jig; 92 for Hard Jig & 138 for Hornpipe are required. NO SOLO COSTUMES ALLOWED. Skirt & Blouse or school costumes ONLY. 2 Steps, 3 Dancers. \$10/Dance

GIRLS 2 Steps	Reel	Light Jig	Slip Jig	Hard Jig	Hornpipe
Under 6	100	101	102	103	104
Under 7	105	106	107	108	109
Under 8	110	111	112	113	114
Under 9	115	116	117	118	119
Under 10	120	121	122	123	124
Under 11	125	126	127	128	129
Under 12	130	131	132	133	134
Under 13	135	136	137	138	139
13&Over	140	141	142	143	144
BOYS 2 Steps					
Under 7	150	151		152	153
Under 9	154	155		156	157

Under 11	158	159		160	161
11&Over	162	163		164	165

Novice (Large Gym – not before 10:00 am):

A dancer who has won 1st, 2nd or 3rd in Adv. Beginner. A Novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. Metronome speeds of 113 for Reel & Slip Jig; 115 for Light Jig; 92 or 73 for Hard Jig, 138 or 113 Hornpipe Tempo. 2 Steps, 3 Dancers. \$10/Dance.

GIRLS 2 Steps	Reel	Light Jig	Slip Jig	Hard Jig	Hornpipe
Under 6	200	201	202	203	204
Under 7	205	206	207	208	209
Under 8	210	211	212	213	214
Under 9	215	216	217	218	219
Under 10	220	221	222	223	224
Under 11	225	226	227	228	229
Under 12	230	231	232	233	234
Under 13	235	236	237	238	239
Under 14	240	241	242	243	244
14&Over	245	246	247	248	249
BOYS 2 Steps					
Under 7	250	251		252	253
Under 9	254	255		256	257
Under 11	258	259		260	261
11&Over	262	263		264	265

Prizewinner (Large Gym – after lunch):

A competitor who does not qualify as a Beginner, Advanced Beginner, or as a Novice. 2 steps, 3 at time. Reel, SJ tempo -113, Hard shoe Jig tempo – 92 or 73, Hornpipe tempo – 138 or 113.

GIRLS 2 Steps	Reel	Light Jig	Slip Jig	Hard Jig	Hornpipe
Under 6	300	301	302	303	304
Under 7	305	306	307	308	309
Under 8	310	311	312	313	314
Under 9	315	316	317	318	319
Under 10	320	321	322	323	324
Under 11	325	326	327	328	329
Under 12	330	331	332	333	334
Under 13	335	336	337	338	339
Under 14	340	341	342	343	344
14&Over	345	346	347	348	349

BOYS 2 Steps	Reel	Light Jig		Hard Jig	Hornpipe
Under 7	350	351		352	353
Under 9	354	355		356	357
Under 11	358	359		360	361
11&Over	362	363		364	365

Adult (Large Gym 8:45am):

Adult Metronome speeds of 92 for Hard Jig & 138 for Hornpipe are required for Adult competitions \$10/ dance	
Reel	900
Light Jig	901
Slip Jig	902
Hard Jig	903
Hornpipe	904
Traditional Set	905

Traditional Set (Before Lunch): St. Patrick's Day (94), Garden of Daisies (138), Blackbird (140), King of the Fairies (124), and Job of Journeywork (138), Jockey To The Fair (92) \$10/dance

GIRLS AND BOYS	TRADITIONAL SET
Under 8	880A
Under 9	880B
Under 10	880C
Under 11	881
Under 13	882
Under 15	883
15 & Over	884

Preliminary and Open Championships will begin at 8:45AM on three separate stages. Competitions will be moved when other stages become available. Check website for schedule information by 5/5/19. No changes to step combinations will be accepted without a \$10 per change fee.

Preliminary Championships: ALL AGE GROUPS UNDER 14 WILL DANCE 3 AT A TIME. ALL AGE GROUPS OVER 14 WILL DANCE 2 AT A TIME. CHOICE OF REEL (48 BARS) OR SLIP JIG (40 BARS), AND JIG (48 BARS) OR HORNPIPE (40 BARS). Hard shoe first

GIRLS/BOYS	R/J	R/HP	SJ/J	SJ/HP
Under 8	400A	400B	400C	400D
Under 9	401A	401B	401C	401D
Under 10	402A	402B	402C	402D
Under 11	403A	403B	403C	403D
Under 12	404A	404B	404C	404D
Under 13	405A	405B	405C	405D
Under 14	406A	406B	406C	406D
Under 15	407A	407B	407C	407D
Under 16	408A	408B	408C	408D
16&Over	409A	409B	409C	409D

Open Championships: ALL AGE GROUPS UNDER 14 WILL DANCE 3 AT A TIME. ALL AGE GROUPS OVER 14 WILL DANCE 2 AT A TIME. CHOICE OF REEL (48 BARS) OR SLIP JIG (40 BARS), AND JIG (48 BARS) OR HORNPIPE (40 BARS) AND A SET PIECE OF OWN CHOICE. Under 9 will do a traditional set. Hard shoe first.

GIRLS	R/J	R/HP	SJ/J	SJ/HP
Under 9	500A	500B	500C	500D
Under 10	501A	501B	501C	501D
Under 11	502A	502B	502C	502D
Under 12	503A	503B	503C	503D
Under 13	504A	504B	504C	504D
Under 14	505A	505B	505C	505D
Under 15	506A	506B	506C	506D
Under 16	507A	507B	507C	507D
Under 18	508A	508B	508C	508D
18&Over	509A	509B	509C	509D
BOYS				
Under 9	510A	510B		
Under 12	511A	511B		
Under 14	512A	512B		
Under 16	513A	513B		
16 and Over	514A	514B		

Second Offering Preliminary Championships: ALL AGE GROUPS UNDER 14 WILL DANCE 3 AT A TIME. ALL AGE GROUPS OVER 14 WILL DANCE 2 AT A TIME. CHOICE OF REEL (48 BARS) OR SLIP JIG (40 BARS), AND JIG (48 BARS) OR HORNPIPE (40 BARS). Hard shoe first. \$25 for Second Offering Preliminary Championships.

GIRLS/BOYS	R/J	R/HP	SJ/J	SJ/HP
Under 8	400A2	400B2	400C2	400D2
Under 9	401A2	401B2	401C2	401D2
Under 10	402A2	402B2	402C2	402D2
Under 11	403A2	403B2	403C2	403D2
Under 12	404A2	404B2	404C2	404D2
Under 13	405A2	405B2	405C2	405D2
Under 14	406A2	406B2	406C2	406D2
Under 15	407A2	407B2	407C2	407D2
Under 16	408A2	408B2	408C2	408D2
16&Over	409A2	409B2	409C2	409D2

Novice Specials Competitions (Large Gym – not before 10:00 am):

A dancer who has won 1st, 2nd or 3rd in Adv. Beginner. A Novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. Metronome speeds of 113 for Reel & Slip Jig; 92 or 73 for Hard Jig, 138 or 113 Hornpipe Tempo. Each competitor will dance 1 step, 1 at a time. \$12/Dance.

GIRLS & BOYS 1 Step, 1 at a Time	Reel	Slip Jig	Hard Jig	Hornpipe
Under 6	270S	271S	272S	273S
Under 8	274S	275S	276S	277S
Under 10	278S	279S	280S	281S
Under 12	282S	283S	284S	285S
Under 14	286S	287S	288S	289S
14&Over	290S	291S	292S	293S

Prizewinner Specials Competitions (Large Gym – after lunch):

A competitor who does not qualify as a Beginner, Advanced Beginner, or as a Novice. SJ tempo -113, Hard shoe Jig tempo – 92 or 73, Hornpipe tempo – 138 or 113. Each Competitor will dance 1 step, 1 at a time. \$12/Dance

GIRLS & BOYS 1 Step, 1 at a Time	Reel	Slip Jig	Hard Jig	Hornpipe
Under 6	370S	371S	372S	373S
Under 8	374S	375S	376S	377S
Under 10	378S	379S	380S	381S
Under 12	382S	383S	384S	385S
Under 14	386S	387S	388S	389S
14&Over	390S	391S	392S	393S

Open Championship Specials:

Each Competitor will dance 1 step, 1 at a time. For Softshoe Special dancer will have choice of Reel/Slip Jig. For Hardshoe Special dancer will have choice of Hard Jig/Hornpipe. \$12/Dance

GIRLS/BOYS 1 Step, 1 at a Time	Softshoe Special	Hardshoe Special
Under 8	550S	551S
Under 10	552S	553S
Under 12	554S	555S
Under 14	556S	557S
Under 16	558S	559S
16&Over	560S	561S

Soda Bread Competition – SD on feisweb - Bring soda bread to registration table for judging day of feis

Award Times will be listed on our Lynn Academy Feis Facebook & Twitter Pages throughout the day.

Final Stage Schedule & Start Times will be posted at lynnacademy.com by 5/5/18

****By submitting an entry form via feisweb, Parent or Legal Guardian agrees to abide by Rules *Absolutely NO dance changes will be accepted day of Feis—NO EXCEPTIONS**

The LYNN Academy, The LYNN Academy Parents' Association and the Stamford High School will not be held responsible for any personal injury, property loss or damage. Destruction of Feis property will be punishable by law. Parents are responsible for damages done by their children

ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. The maximum fee per family is \$100.00 (does not include facility fee, late fee, second chance, special dances or change fee). Competitors are highly encouraged to print their number on card stock prior to attending. For those who cannot, competitor cards may be picked up at the venue.